

Information before the surgery

Information meeting for children



Beter voor elkaar

Information meeting for children

Group information meeting

Soon your child will be admitted to the Ikazia hospital for surgery. This will be a tense day for you and your child, and you'll probably have a lot of questions and uncertainties.

It is important that both you and your child are well prepared for the surgery. One aspect of a proper preparation is the information meeting.

Every Wednesday afternoon at 2:00 pm the hospital organises an information meeting for children from around **3 to 12 years old**.

The age differences will be taken into account.

The meeting lasts about half an hour.

During the meeting, you and your child will be shown and told what will happen on the day of admittance. You and your child will be able to ask questions.

Research and experience has shown that when children are properly prepared they are less scared of what is happening to them on the day of the surgery. For example, it ensures that the children don't entertain their own fantasies and helps the children not to be overwhelmed when they are taken to the operating room.

In addition, it is also very pleasant for you as a parent to know what will happen that day!

Individual information

It is also always possible for you and your child to come for an individual information meeting.

This could be requested, for example, if your child is **younger than 3 years of age** (we heartily recommend this, despite the age), **older than 12 years of age, has a known disorder or if you feel it is necessary**.

The pedagogical care department can adjust the information session to fit the age and level of development of your child.

In order to do so, you can call the outpatients' treatment department to arrange a meeting with the pedagogical care specialist.

You can also prepare your child a little for what is to come by reading him/her books such as "Miffy in hospital" and "IJs voor Matthijs" (Dutch).

More information can be found on our website.

You can always contact the pedagogic care department with any questions you may have about a proper preparation.

We are looking forward to seeing you and your child at our information meeting on the 4CJ department (outpatients' treatment and short stay) on the fourth floor of the hospital.

Please don't bring any brothers or sisters, we would like to give you and your child our full attention.

We hope to see you at the information meeting!

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