

General information about the Outpatient Clinic

Pain Relief Outpatient Clinic



Beter voor elkaar

Your first visit

If you are referred to the Pain Outpatient Clinic by your GP or another treating specialist, an appointment will be made with the pain specialist team. The team consists of pain specialists and a pain specialist nurse.

You will most likely be treated by the same pain specialist/nurse specialist each time, but in some cases, to ensure the continuation of treatment, you may also be helped by another pain specialist.

You must bring the referral letter from your treating specialist or general practitioner to the first consultation and have completed the online questionnaire. Without this referral letter and the completed questionnaire, your treatment may not be possible at that time.

During your first visit, the specialist will talk to you about your symptoms and perform a physical examination. After this, the results will be discussed with you and treatment will be proposed. Sometimes additional tests may be required, or information from previous treatments may be requested.

Locations

The Pain Outpatient Clinic has two locations: the Ikazia Hospital (Rotterdam) and the Slikkerveer Outpatient Clinic (Ridderkerk). The location for your first visit will be clearly indicated.

The route

If you need an injection/nerve block, this usually takes place at the Surgery Department of the Ikazia Hospital.

The treatment then does not take place at the Pain Outpatient Clinic.

This has to do with the quality requirements for safety and the availability of certain X-ray equipment.

In some cases, injections/nerve blocks

can take place at the Pain Outpatient Clinic. You will be told about this during your consultation with the specialist.

The central admission planning will make an appointment for you for the treatment.

You will receive a letter confirming the date and time you are expected at the hospital.

If you are unable to come on the agreed date, please contact the Pain Relief Outpatient Clinic at least 24 hours in advance: T +31 (0)10 297 54 30

Please sign in at the registration column on the day of the treatment. You will then be referred to the waiting room of the Reception. After your registration, you will go to the department where you will be admitted for treatment. The nurse will show you around the ward.

You will be taken on a bed to the operating room for the treatment.

Please let us know whether you have any allergies and if you are taking any blood thinners.

Some injections/nerve blocks require you to stop taking blood thinners beforehand. This will be discussed with you in advance. After the treatment, you will remain in the recovery room for a while. You will then return to the nursing ward.

Depending on the treatment, you will either stay on the ward for some time or you can go home immediately.

You are not allowed to go home alone, someone must accompany you.

Other important matters

The Pain Outpatient Clinic can be reached from Monday to Friday from 8:15 – 16:30 on phone number:

T +31 (0)10 297 54 30.



Let op: In deze folder staat informatie die belangrijk is voor u. Heeft u moeite met de Nederlandse taal? Lees deze folder dan samen met iemand die de informatie voor u vertaalt of uitlegt.

Please note: This leaflet contains information that is important for you. If you have trouble understanding the Dutch language, you should read this leaflet together with someone who can explain the information or translate it for you.

Dikkat: Bu broşür sizin için önemli bilgiler içerir. Hollandaca okumakta zorlanıyor musunuz? O zaman broşürü bilgileri sizin için çeviren ya da açıklayan biriyle okuyun.

Uwaga: Ta ulotka zawiera ważne dla Ciebie informacje. Masz trudności ze zrozumieniem języka holenderskiego? Przeczytaj tę ulotkę razem z kimś, kto przetłumaczy jej treść lub będzie w stanie wyjaśnić zawarte w niej informacje.

انتبه: هناك معلومات مهمة بالنسبة لك في هذا المنشور. هل تواجه صعوبة في اللغة الهولندية؟ اقرأ إذن هذا المنشور مع شخص آخر يترجم أو يشرح لك المعلومات.