

Information Afternoon: Gestational Diabetes

Outpatient Gynaecology



Beter voor elkaar

Introduction

As a result of your blood glucose (blood sugar) levels, we have referred you to the information afternoon for Gestational Diabetes.

Information afternoon

The information afternoon is a collaboration between the gynaecologist, internist, diabetes nurse and dietician from the Ikazia hospital in Rotterdam.

The information afternoon will take place on **Tuesday afternoon, from 14:45 – 15:45.**

At this information afternoon, you will get:

- Information about gestational diabetes;
- Diet information for gestational diabetes;
- Information about the follow-up process;
- And you will learn how to measure your blood sugar levels.

You must be able to speak and understand the Dutch language well. If not, please make a separate appointment for information via telephone number: 010-2975240.

Unfortunately, you cannot bring children under the age of 16. Due to the current Corona measures, we ask you to come to the meeting alone.

You can report on route number 28

To change an appointment, call 010-2975240

Consultation hour for Gestational Diabetes

At the next appointment with the gynaecologist, you will come to the diabetes consultation hour for pregnant women; this is every Thursday morning. If you are also having an ultrasound, we will try to schedule it for the same day.

A doctor will see you at the consultation. Depending on your blood sugar levels, you will also see a dietician or a diabetes nurse.

Please note that this appointment may take longer than usual.



Let op: In deze folder staat informatie die belangrijk is voor u. Heeft u moeite met de Nederlandse taal? Lees deze folder dan samen met iemand die de informatie voor u vertaalt of uitlegt.

Please note: This leaflet contains information that is important for you. If you have trouble understanding the Dutch language, you should read this leaflet together with someone who can explain the information or translate it for you.

Dikkat: Bu broşür sizin için önemli bilgiler içerir. Hollandaca okumakta zorlanıyor musunuz? O zaman broşürü bilgileri sizin için çeviren ya da açıklayan biriyle okuyun.

Uwaga: Ta ulotka zawiera ważne dla Ciebie informacje. Masz trudności ze zrozumieniem języka holenderskiego? Przeczytaj tę ulotkę razem z kimś, kto przetłumaczy jej treść lub będzie w stanie wyjaśnić zawarte w niej informacje.

انتبه: هناك معلومات مهمة بالنسبة لك في هذا المنشور. هل تواجه صعوبة في اللغة الهولندية؟ اقرأ إذن هذا المنشور مع شخص آخر يترجم أو يشرح لك المعلومات.